

# VOLUNTARY SERVICE IN ADAPA FOUNDATION POLAND - 12 MONTHS



## **Coordinating organization**

Centre for Youth Cooperation  
and Mobility, EVS@cwm.org.pl

## **Host Organization**

Adapa Foundation

## **Location**

Gdynia, Poland

More information on the  
English version of:  
[www.cwm.org.pl](http://www.cwm.org.pl)

If you are interested in joining  
our team and taking part in  
Voluntary Service fill in this  
online application.

**ARE YOU OPEN TO MEET NEW AND DIFFERENT PEOPLE? IS YOUR AIM TO WORK WITH DISABLED PEOPLE? DO YOU WANT TO DISCOVER NEW CULTURES, GAIN INTERNATIONAL EXPERIENCE AND NEW USEFUL SKILLS? IF YOUR ANSWER IS YES, WE CHALLENGE YOU TO TAKE PART IN VOLUNTARY SERVICE WITH OUR ORGANIZATION!**

ADAPA Foundation works with adults with Autism and other developmental disorders. We work in area of education, rehabilitation, social care and therapy. We also try to broaden the society's knowledge on Autism Spectrum and other developmental disorders. The Foundation is a basis for the Occupational Therapy Workshops (OTW) that are designed to train occupational and social skills of our participants in the most practical manner.

<https://forms.gle/iMzo9jtcvhfj2Wuo9>





## **YOUR MAIN RESPONSABILITIES WILL BE:**

The volunteer will be able to work directly with therapists in Occupational Therapy Workshops, helping them in order to perform a safer therapy. By helping therapists in their day-to-day work, the volunteer will have an opportunity to learn how the therapist's work looks and become acquainted with various challenges, obstacles and risks that the therapist faces daily. This experience may help the volunteer to fully comprehend the challenges and gratifications that come with a role of a therapist. In each Workshop, the volunteer will be able to broaden his/her knowledge on Autism Spectrum and other developmental disorders and also to work on their skills regarding therapy of people with such cases. Within Foundation the volunteer can acquire number of different competences connected with topics of different workshops. For instance in our Printing studio the volunteer will be able to practice his/her skills in the field of editing and graphics.



## **YOUR MAIN RESPONSABILITIES WILL BE:**

Occupational Therapy Workshops consist of seven workshops: applied art, everyday life, informatics, miscellaneous, printing and graphics, social communication and social independence workshop. Classes at the Occupational Therapy Workshop are held from Monday to Friday from 8:00 to 15:00 and are attended by around 30 adults with intellectual disabilities. Apart from the workshops, the participants take part in apprenticeships, external events and some additional trainings. They have also an opportunity to realize their hobbies. They attend activities such as percussion lessons, ballroom dancing classes, therapeutic drama, basketball and the Club of City Explorers. Each club is directed by a professional instructor and is supervised by a therapist.



## Who can apply?

We welcome anyone who is open minded, understanding, and tolerant for those who differ from the most. The volunteer should be flexible and understanding. The person should present a certain level of empathy to be able to lead this type of lifestyle. It should also be mentioned that our participants are often people who express themselves freely, and also who may show their fondness of someone without taking into consideration whether this person enjoys it or is prepared for it, or not. This is the reason why volunteers should not react in a phobic manner to displays of affection and physical contact in overall and have friendly attitude to the world. It is welcomed if the volunteer is interested in therapy for persons with Autism Spectrum.



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